

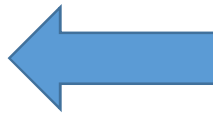
# Fancy a stroll in Meadow Park?

Thursdays at 1.30 pm

Starting on 11<sup>th</sup> January 2018



**Meet at the Millstone in  
Meadow Park**



**See you there!**

Come along and join our informal walking group for a breath of fresh air, a chat, some gentle exercise and see the seasons change in the park.

We walk along paths in the park for about 30 minutes and sometimes call into one of the village cafes afterwards for refreshments.

Contact: Anne 07913 328971  
Daniel 07464 655367

PS We are fair-weather walkers though, so may not be there if it is icy, snowy or raining hard!